
SUNDAY YOGA SESSION MENU

To find out more and book, check the What's On section.

Porridge

Made with almond milk, served with jam or maple syrup
(vegetarian and vegan)

Avocado on Toast

Smashed avocado on toast with mushrooms
(vegetarian and vegan)

Eggs Florentine

Warm muffin, poached eggs, sautéed spinach & hollandaise sauce
(vegetarian)

Baked Avocado

Portobello mushroom, halloumi, chilli & coriander, crispy fried egg
(vegetarian and carb-conscious)

Granola

Granola with fresh fruits and yoghurt
(vegetarian and vegan)

Bacon & Eggs

Fried eggs sunny-side up, crispy Applewood smoked bacon, golden hash browns

Waffle Stack

Crispy smoked bacon & maple syrup or fresh berry compote & vanilla cream

DESSERTS

*(not included in the yoga ticket price,
but just in case you want to treat
yourself)*

Double chocolate brownie (v)	£5.50
Salted caramel ice cream, popcorn	
Banoffee Pie (v)	£5.00
Knickerbocker Glory (v)	£4.50
Strawberry Cheesecake (v)	£5.00